



JRNY PLUS+

NOBLESVILLE EAST MIDDLE SCHOOL



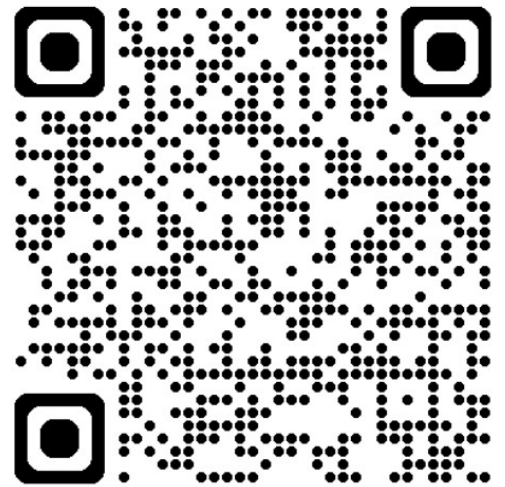
This group has been made possible by funding from a SAMHSA grant to help provide services to students at no cost.

This program will be offered at Noblesville East Middle School for students to increase awareness of substance use issues.

They can expect to learn:

- How Addiction Develops? How Am I at Risk?
- Triggers, Cravings, and Coping Skills
- Emotional Regulation and Recovery Self Talk
- Relapse Prevention

Scan the QR code for more information and to get registered today!



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