



JRNY PLUS+

NOBLESVILLE WEST MIDDLE SCHOOL

This group has been made possible by funding through Noblesville Schools Project AWARE. There is no cost for the student for these services.

This program will be offered at Noblesville West Middle School for students to increase awareness of substance use issues and improve student mental health and well-being.

They can expect to learn:

- What Are Risk Factors?
- Triggers, Cravings, and Coping Skills
- Emotional Regulation & Self-Talk

Scan the QR code to learn more and complete the parent/guardian permission form.



317-660-1818

www.jrnycounseling.com
schedule@jrnycounseling.com